

# TREK



# CLIMB

Go higher this summer - go with a guide!



**Ball Pass Crossing\*** - a challenging 3-day mountain trek over the Mount Cook Range with awesome views of the Caroline Face of Aoraki Mount Cook and NZ's highest peaks. Beginner mountaineering for experienced hikers.



**Aoraki Mount Cook Trek\*** - a 2-day easier version of the Ball Pass Trek which does not cross Ball Pass but still gives spectacular close-up views of Aoraki, the Tasman Glacier and adjacent peaks. Advanced hiking for fit backpackers.



**Tekapo Trek\*** - easier than the above two treks this 2 or 3 -day hike takes you into the high country above Lake Tekapo for expansive views across the Mackenzie Basin and to the Southern Alps. Moderate alpine hiking for fit walkers.

[www.alpinerecreation.com/trek.html](http://www.alpinerecreation.com/trek.html)

**Guided Ascents** of Aoraki Mount Cook, Mounts Tasman, Sefton, Aspiring and others. Intermediate to advanced mountaineering for those who have done at least one climbing course or equivalent.

**Climbing Courses** 4-6 day Introductory Courses\* based at the private Caroline Hut, accessing the Ball Glacier area. 6-day Intermediate Courses based at the top of the Tasman, Fox or Franz Josef Glaciers. Option to combine the two courses for a fantastic 12 days' adventure in our Southern Alps. Beginner to intermediate mountaineering for fit trampers.

[www.alpinerecreation.com/climb.html](http://www.alpinerecreation.com/climb.html)



\* Alpine Recreation owns Caroline Hut and Rex Simpson Hut, well-provided bases at altitude, in stunning locations.

\* All equipment is provided.

\* No air access required.



Alpine Recreation

TREK • CLIMB • SKI



# SKI SNOWSHOE

Go backcountry this winter - go with a guide!



## **Alpine and Telemark Ski Touring**

5-7 days hut-based wilderness skiing at the top of the Tasman, Fox or Franz Josef Glaciers, or Two Thumb Range. Improve your ski mountaineering skills and find the best runs in the company of your expert guide.

For intermediate-advanced alpine skiers or advanced Telemarkers.



## **Telemark and Nordic Ski Touring\***

2-5 days based at our private, heated hut at 1300m in the Two Thumb Range above Lake Tekapo. To the east of the Main Divide this area enjoys a higher percentage of fine weather days and lower avalanche risk than the glacier venues. Telemark and transceiver tuition included.

For beginner-advanced Telemark or alpine skiers.



## **Caroline Hut Winter Expeditions\***

3 days based at our private, heated hut opposite the awesome Caroline Face of Mount Cook.

Alpine touring for expert skiers, or snowshoeing for hardy trampers.



## **Snowshoeing\***

2-5 days winter hiking based at our private, heated hut above Lake Tekapo. Enjoy wide sweeping vistas of the Southern Alps and climb a 2070m peak.

For fit walkers.



For all these adventures see:

[www.alpinerecreation.com/ski.html](http://www.alpinerecreation.com/ski.html)

\* Alpine Recreation owns Caroline Hut and Rex Simpson Hut, supplied with sleeping bags, food, gas, firewood and solar lights.

\* All equipment is provided.

\* No air access required.



**Alpine Recreation**  
TREK • CLIMB • SKI

Ph: +64 3 680 6736  
PO Box 75, Lake Tekapo, NZ  
[climb@alpinerecreation.com](mailto:climb@alpinerecreation.com)